

**WELCOME TO TEAM RED WHITE AND BLUE**



**TEAM  
RWB**

**IT'S OUR TURN™**



**We are thrilled that you have decided to join our Team!**

At Team RWB, we believe in the power of community. As a new member, you can be involved in a variety of activities and we look forward to meeting you. Whether it is a weekly running group, hike, ball game, community service project or post-race gathering, our chapters and communities create a positive environment for veterans to meet each other as well as members of their local community. Your participation is vital. Your fellow veterans, and your community, need you.

# OUR APPROACH

Team Red, White, and Blue's mission is to enrich the lives of America's veterans by connecting them to their community through physical and social activity. Physical fitness and sports are proven ways to bring people together and set the conditions to build meaningful relationships. In our case, they provide veterans with renewed camaraderie, a sense of purpose, and shared accomplishment. In addition to being an excellent way to connect on a social level, physical activity is proven to be therapeutic and healthy for both the body and mind.

## TEAM RWB CHAPTERS AND COMMUNITIES

Our chapters and communities deliver consistent, local opportunities for veterans and the community to connect through physical and social activity. They host weekly fitness activities, monthly social events, and participate in local races and events together. These programs are at the core of Team RWB's mission.

## VETERAN AMBASSADOR PROGRAM

The Veteran Ambassador Program welcomes new veterans to the team. The program also ensures that they have the information and resources to stay connected with their local chapter, as well as the national community. This is the national movement we are building, that encourages veterans to stay active and inspire others to do the same.



# BUILDING COMMUNITIES AND RELATIONSHIPS



## VETERAN ATHLETIC CAMPS

Our Veteran Athletic Camps are tremendous opportunities for veterans to learn a new sport/activity that they can take home to their local chapter in a leadership capacity or as a highly active community member. They are led and coached by world-class athletes and renowned experts and are built to inspire veterans to commit to their own health and fitness. To attend the camps veterans are nominated/recruited by their local leadership team.

### OUR VETERAN ATHLETICS CAMPS ARE FOCUSED ON THESE SPORTS:

- Triathlon
- Rock Climbing
- Hiking
- Functional Fitness
- Yoga
- Trail Running



# ENRICHING THE LIVES OF AMERICA'S VETERANS



We are fired up to have you as part of the Team! Wherever you are in the world, we are here to help you stay active and connected. You've taken the important step of signing up, now it is time to:

### **Visit:** [TEAMRWB.ORG/GET-INVOLVED/EVENTS](http://TEAMRWB.ORG/GET-INVOLVED/EVENTS)

Be sure to check out our national events page which can also guide you to specific TeamRWB events in your area.

### **Meet:** THE TEAM AT LOCAL, REGIONAL, AND NATIONAL EVENTS

If there is not yet a chapter in your area, there are still ways to get involved.

- Wear the Eagle when you exercise and talk to others about getting involved
- Meet with other Team members at local events
- Check out our national events calendar and join us for pre/post event activities

### **Follow Us:**

Facebook: [www.facebook.com/TeamRWB](http://www.facebook.com/TeamRWB)

Twitter: [@TeamRWB](https://twitter.com/TeamRWB)

Our storefront: [www.TeamRWB.org/get-involved/wear-the-eagle](http://www.TeamRWB.org/get-involved/wear-the-eagle)

### **AGAIN, IT IS GREAT TO HAVE YOU IN OUR RANKS AND WE HOPE TO SEE YOU SOON!**

Team Red, White & Blue is a registered 501c3 nonprofit organization with headquarters in Chicago, IL. Team RWB's federal ID number for donations is 27-2196347.